



## Schedule as of 28 March 2024

All times are South African Standard Time / GMT+2

### Online

All online meetings use the same zoom account

**Meeting ID:** 637 431 7197

**Password:** slaa2021

**Link:** <https://us02web.zoom.us/j/6374317197>

#### Monday

18:30 - 19:45

Anorexia: Sexual,  
Social & Emotional  
meeting

#### Tuesday

18:30 - 19:45

There is a Solution  
meeting

#### Thursday

19:00 - 20:00

Hope Exchange  
meeting

#### Saturday

10:00 - 11:30

H.O.W (Honesty,  
Open-mindedness  
& Willingness)  
meeting

#### Monday

20:00 - 21:15

National Online  
meeting

#### Tuesday

20:00 - 21:15

Topic meeting

#### Friday

19:00 - 20:00

State of Grace  
meeting

#### Sunday

19:00 - 20:15

LGBTQIA+ Inclusive  
meeting

### In person

#### Tuesday

19:30 - 20:30

Northcliff in-person  
meeting

216 Weltevreden  
Road, Northcliff,  
Johannesburg,  
South Africa

#### Wednesday

19:30 - 21:00

Courage to Change  
In-person meeting

**Room:**

the lounge, ground  
floor, turn right as  
you enter the  
building, first door  
left

**Venue:**

Observatory  
Community Centre,  
Rawson Street,  
Observatory,  
Cape Town,  
South Africa

[WhatsApp text only query line](#)

+27 82 746 3474

Text messages can be sent at any time, but  
will only be responded to during South  
African day time